

# **COVID-19 Safety**

You must follow all rules below to enter Elvington church. Safety is everyone's responsibility.

### Max. Capacity 6 People

Do not enter if it would exceed the maximum. Wait for others to leave.

#### Keep it out

## You must not enter if you have symptoms of COVID-19

Or if you have been asked to **self-isolate** by test-and-trace; you live in a **household** or are in a **support bubble** with someone who has **symptoms**;

you are in **quarantine** after travel, or other reasons;

or you have been exposed to a **high-risk situation** including living in an area currently under local-lockdown;

#### Prevent Transmission

Wear a facemask Sanitise hands on entry and exit Keep 2 metres apart Avoid raising your voice or singing

### **Limit Impact**

You must leave your information for track and trace

### **Symptoms of COVID-19**

#### high temperature

this means you feel hot to touch on your chest or back (you do not need to measure your temperature)

#### new, continuous cough

this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)

#### loss or change to your sense of smell or taste

this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

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